

Shimri Et Libech (P)

Guard Your Heart. 2006. Eyal Ozeri.

Part 1

Start on outside feet facing **a**. Steps are for Boy. Girl is mirror. Hold inside hands.

- 1-2 **lr** Walk, walk.
- 3-4 **lrl-** Back Yemenite.
- 5-6 **rlr-** Going **a**: step together step, pause.
- 7-8 **lr** Going **i** sideways: Open, cross **f**. Girl goes **o**.
- 9-10 **lrl-** Side Yemenite.
- 11-12 **rlr-** 1¼ turn **c** going **o**, pause. Finish facing and next to partner with girl on boy's **r**. Put **r** arm around girl's waist and **l** arm up. Girl's arms are the same.
- 13-14 **lrl-** ¾ turn **c** together, pause.
- 15-16 **rlr-** ½ turn **c** together, pause. Finish facing **c**.

Repeat **Part 1** but start facing **c**.

Part 2

Facing partner. Hold opposite hands. Boy facing **o**.

- 1-2 **lr** Going **a**: Open, cross **f**.
- 3-4 **lrl-** Going **a**: step together step, pause. Boy's **l** hand holds girl's **r** over her head as she does full turn **c** to finish in front of boy. At end of sequence, girl holds **l** hand in front of her waist and boy takes this hand with his **r**.
- 5-6 **rl** Sway, sway. Boy finishes to **l** of girl. Hold **l** hand in front still holding girl's **r**.
- 7-8 **rlr-** ½ turn **c** together in scroll position. Boy now on **o**, both facing **c**.
- 9-10 **lrl-** Na'ale going **o**.
- 11-12 **rlr-** Going **i**: Step together step, pause. Finish with girl on **l**. At end, boy's **l** hand takes girl's **r** hand over her head.
- 13-14 **lrl-** Going **i**: ½ turn **a**, pause. Girl does ½ turn **c** under boy's arm. Finish with girl on **r**. At end, boy's **r** hand takes girl's **l** hand over her head.
- 15-16 **rlr-** Going **o**: ½ turn **c**, pause. Girl does ½ turn **a** under boy's arm. Finish facing each other with boy on **o** facing **i**.

Repeat **Part 2** but going **c** with boy facing **i**.

Transition

Facing partner – boy facing **o**. Hold opposite hands

- 1-2 **lrl-** Open, balance, close with touch, pause. Both pairs of hands describe circle to side – **a** to **l**, **c** to **r**.

Part 3

- 1-2 **lrl-** Going **a**: full turn **a**, pause.
- 3-4 **rlr-** Going **a**: step together step, pause.
- 5-6 **lrl-** Side Yemenite with a ¼ pivot **c** on last step to face partner.
- 7-8 **rlr-** Back Yemenite but moving forward on last 2 steps and a ½ pivot **c** in the pause. Girl does a full pivot **c** on the last step and pause. Do not release hands. Boy finishes behind girl. Girl goes under her **r** arm.
- 9-10 **lrl-** Going **i**: step together step, pause. Girl does Na'ale and finishes facing **o**. Do not release hands.
- 11-12 **rlr-** Going **o** backwards: step together step, pause. At end, boy releases **r** hand.
- 13-14 **lrl-** ½ turn **a** under his **l** hand. Girl does ½ turn **c**. Boy finishes on **i** facing girl.

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15-16 **rlr-** Going **o**: ½ turn **c**, pause. Girl does ½ turn **a** under boy's **r** arm which holds her **l** hand. Finish facing each other with boy on **o** facing **i**.

Repeat **Part 3** but with boy on **o** facing **i** and partner.

Start **Part 1** again.