

Rak Sheli (C)

Only Mine. 2007. Kobi Michaeli.

Part 1

- Start facing **a**.
- | | | |
|-------|-------------|--|
| 1-2 | rlr- | Going a : step, behind, step, pause. In a cha-cha rhythm. |
| 3-4 | lrl- | Repeat 1-2 on the other foot. |
| 5-6 | b-ll | Facing i : Sit (land on both feet with knees bent), pause, touch with heel in front of other foot, cross f . |
| 7-8 | b-ll | Repeat 5-6. Stay facing i . |
| 9-10 | rlr- | Side Yemenite. |
| 11-12 | lrl- | Side Yemenite. |
| 13-14 | rrl- | Debka kick (kick r with a bounce on l and step r), close, pause. |
| 15-16 | ---- | Without moving feet, twist and bend knees to l , r , straighten up, then pause. Move hands up and down next to legs. |

Repeat **Part 1**.

Part 2

- Facing **i**.
- | | | |
|-------|-----------------|--|
| 1-4 | r-lrl-r- | Open, pause, behind and in front, pause, close and clap hands above head, pause. |
| 5-8 | | Repeat 1-4. |
| 9-12 | rlrl | Box step. |
| 13 | rl | ¼ pivot turn: open with ¼ pivot a , balance. |
| 14-16 | | Repeat 13 three more times to complete full turn. l foot does not move. |

Repeat **Part 2**.

Part 3

- Facing **i**.
- | | | |
|-------|-------------|---|
| 1-2 | lrlr | Hip hop step: hop and kick r foot, open, cross b , rock f . |
| 3-4 | rlrl | Hip hop starting with hop on r . |
| 5-6 | rrll | Going i : Debka kick, Debka kick. |
| 7-8 | rlrl | Moving i with r shoulder leading: open, cross b , open, close and pivot to face i . |
| 9-10 | b-lr | Sit, pause, hop, cross f . |
| 11-12 | lrlr | Going c : open, cross b , open, touch. |
| 13-14 | rl | ½ turn c . Now facing o . |
| 15-16 | rlr- | Open, balance, close, pause. |

Repeat **Part 3** but start facing **o**.

Start dance from **Part 1**.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.htm> for explanation of the codes):

{3_biz_hX_aYD_is[U₁]³}{S_bfs[O₁]}{[h_lSX_{bl}]D_icS_{bf}CT₁z_hX_{S_bT₂iR_{bs}}}}
2Z 2X. 2Z Z I P. 2A. W 4B. B B 2B W. X Z B Z.