

Machol Ha'Seharena (C)

Dance. 2007. Sagi Azran & Sharon Elkaslasi.

Part 1

- Start facing **i**.
- | | | |
|-------|-----------------|---|
| 1-4 | r-lrl-r- | Going a : Open, pause, behind and in front, pause, close, pause. |
| 5-6 | bb | Sit with feet apart and twist to r , bounce up twisting feet back to point i . |
| 7-8 | | Repeat 5-6 |
| 9-10 | rlr- | Going a : Step f , step behind, step f , pause. |
| 11-12 | lrl- | Going a : Step f , step behind, step f , pause. Finish facing i . |
| 13-14 | rlr- | Side Yemenite. |
| 15-16 | lr | Open, close with touch. |

Repeat **Part 1**.

Part 2

- Facing **i**.
- | | | |
|-------|-------------|--|
| 1-2 | bb | With both feet together: Twist heels to r , twist heels to l . |
| 3-4 | rlr- | Going a : open, cross b , open with ¼ pivot c to face a , pause. |
| 5-6 | bb | Bring both feet together: Twist heels to l , twist heels to r . |
| 7-8 | lrl- | Going i : open, cross b , open, pause. |
| 9-10 | bb | Bring both feet together: Twist heels to r , twist heels to r . |
| 11-12 | rlr- | Going o : open, cross b , open with ¼ pivot c , pause. |
| 13-14 | lr | Step o with ½ pivot c , rock f i . Now facing i . |
| 15-16 | lrl- | Rock b , rock f , close, pause. |

Repeat **Part 2**.

Part 3

- Facing **i**.
- | | | |
|-------|-----------------|---|
| 1-4 | r-lrl-r- | Going a : Open, pause, behind and in front, pause, close with stomp, pause. |
| 5-6 | rr | Stomp with toe pointing r , stomp with toe pointing i . |
| 7-10 | | Repeat 1-4. |
| 11-12 | rlr- | Back Yemenite. |
| 13-16 | llrr | Step f , bounce, rock b , bounce. |
| 17-18 | lrl- | Going i : cha-cha. |
| 19-22 | rrll | Step f , bounce, rock b , bounce. |
| 23-24 | rlr- | Back Yemenite. |
| 25-28 | llrr | Step f , bounce, rock b , bounce and clap. |
| 29-40 | | Repeat 25-28 three more times moving slightly o and backwards with each set. |

Repeat **Part 3**.

Start dance from **Part 1**. After second time through do remaining parts – the “celebration”.

Part 4

- Facing **i**
- | | | |
|-----|-------------|---|
| 1-2 | rlr- | Going i : cha-cha. |
| 3-4 | lrl- | Going i : cha-cha. |
| 5-6 | rl | Step f with ¼ pivot a , balance. Holds hands at side of head palms forward. |
| 7-8 | rl | Repeat 5-6. Now facing o . |

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Repeat **Part 4** but going **o**. At end, face **a**.

Part 5

		Facing a :
1-2	rlr-	Going a : Step f , step behind other foot, step f , pause.
3-4	lrl-	Going a : Step f , step behind other foot, step f , pause.
5-6	rl	Step f with ¼ pivot a , balance with ¼ pivot a . (Pivot turn)
7-8	rl	Step f with ¼ pivot a , balance with ¼ pivot a . (Pivot turn)

Repeat **Part 5**. After repeat, finish facing **i** by turning extra on the pivot.

Part 6

		Facing i .
1-4	rrll	Step f , bounce, rock b , bounce.
5-6	rlrr	Going i : step together step, ½ pivot c .
7-8	lrl-	Back Yemenite.
9-16		Repeat 1-8 going o .
17-24		Repeat 1-8 going i .
25-28	rlrl	Cherkessia.
29-30	rlr-	Side Yemenite.
31-32	lrl-	Side Yemenite.

Repeat **Part 6** but start facing **o**.

Part 7

1-4	rrll	Step f , bounce, rock b , bounce.
5-6	rlr-	Going i : cha-cha.
7-8	lrl-	Going i : cha-cha.
9-16		Repeat 1-8.
17-18	rrll	Step f , bounce, step b , bounce and clap overhead. Take an extra large step when step b so you are moving backwards and o .
19-24		Repeat 17-18 three more times (the music stops).

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.pdf> for explanation of the codes):

$i\{\{S\&szT1hT'1(S_{CbP1})_oYS_{lct}\}i\{\{U'_{1+}]S_{CbP1}a[U_{1+}]S_{Cbil}[U'_{1+}]S_{Cbop1}O_{ol2}\&\}$
 $I \underline{Z} I \ 2B. \quad \underline{Z} \quad \underline{Z} \ B. \quad I \quad \underline{W} \quad I \quad \underline{Z}. \quad I \quad \underline{Z} \quad B \ \underline{Z}.$
 $\{S\&ssS\&t\&rR_{il}3_{il}R_i\&r\{S_{ilh}W_{bot}\}^3S_{ilh}W_{bo}\}$
 $I \ \underline{Z} \ I \ B \ I \ \underline{Z} \ I \ \underline{Z} \ B \ Z \ B \ Z \ B \ B \ B \ B \ B:$
 $\{3_iO_{il}\}_o a\{3O_2\}\{\{S_{ih}W_{bolt}\}^{\alpha}3_{ip1}Y_{IT1}\}^3_{o/i}R_o Y\}_o\{\alpha 3_i\}\alpha^4$
 $2\underline{Z} \ 2B. \quad 2\underline{Z} \ 2B \quad B \ B \ W \ Z. \quad W \ 2Z. \ W \ 2\underline{Z}$