

Hamistikanim Hasinim (P)

The Chinese Mystics. 1996. Gadi Bitton.

Part 1

		Start facing a on opposite feet. Hold inside hands. Steps are for boy. Girl is mirror except where noted.
1-4	lrlr	Going a : walk, walk, walk, kick.
5-8	rlrr	Back Yemenite with a ¼ pivot c in the pause. Now facing partner and o .
9-12	lrlr	Balance, balance, cross f , rock b .
13-14	lr	Full turn a going a .
15-16	lr	Step b , rock f .
17-18	lr	Step f , rock b with ¼ pivot a .
19-20	lrl-	Going i sideways: open cha-cha.
21-22	rl	Cross f , rock b with ¼ pivot c . Now facing partner and o .
23-24	rlr-	Going o passing to l of girl: cha-cha.
25-26	lr	½ turn a .
27-30	lrlr	Step b , rock f , step f , rock b with ¼ pivot a .
31-32	lr	Going c : walk, walk.

Repeat **Part 1** but start going **c**.

Part 2

1-4	lrl	Going a : Na'ale.
5-8	rlr-	Going c : walk, walk, walk, pause.
9-12	lrl-	Back Yemenite.
13-16	rlr-	Side Yemenite moving behind girl with ¼ turn c . Girl turns a under boy's l arm.
17-18	lrl-	Going c : open cha-cha holding opposite hands.
19-20	rl	Full pivot turn a . Boy's l hand with girl's r go overhead. Release other hands.
21-22	rlr-	Going a : open cha-cha holding opposite hands.
23-24	lr	Full pivot turn c . Boy's r hand with girl's l go overhead. Release other hands.
25-28	lrlr	Cherkessia. Hold opposite hands and don't release for next 4 beats.
29-32	lrlr	Going i to l of girl: walk, walk, ½ turn a . Girl does 1½ turn c .

Repeat **Part 2**.

Transition

1-4	lrlr	Balance, balance, step, step. Girl does full push turn a while being wrapped by boy.
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Start **Part 1** again.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.pdf> for explanation of the codes):

W_k&_{rp1}BXT'_a[R_oT'_{i2}]T'_{o2}R_bT'₁W}_c{**W_p,W_{rc}&_Y_{rop'1}[S_cT_{cr}]R_iW.T'₂**}**BW.**
L. W W. B B W. B Z. B W B. W Z. Z W. Z B. W B B. B B,