

Hadegel Sheli (C)

My Flag. 1988. Shmulik Gov Ari.

Part 1

		Start facing i .
1-2	rl	Open, cross f .
3-8		Repeat 1-2 three more times.
9-12	rlrl	Cherkessia.
13-14	rr	Open, hop while lifting l leg.
15-16	ll	Open, hop while lifting r leg.
17-24		Repeat 1-8.
25-27	rlr	Full turn c going a .
28-30	lrl	Full turn a going c .
31-32	rl	Balance, balance.

Repeat **Part 1**.

Part 2

1-4	rlrl	Open, cross b , open with ¼ pivot c , touch (modified Hassidic step).
5-8	lrlr	Going i : Open, cross b , open, touch.
9-11	rl	¾ turn c moving o . (now facing i).
12-16	rlrlr-	Open, cross f , rock b , open, cross f , pause.
17-32		Repeat 1-16 but start on opposite foot and opposite turns. Still move i on beats 5-8.

Repeat **Part 2**.

Start **Part 1** again.

Jack Steel's step notation (see <http://www.israelidances.com/StepsLegend.htm> for explanation of the codes):

i{**S_XR_iS_hS_X[T_a]B**}{[**S_{bp1}S_{libt}T_{o3X}**]}

L. 4B. W 2B. 4B. Y B. W W. Y-V.